

Patient Details

Name: Telephone 1:

Address: Telephone 2:

..... Email:

Medicare No/DVA No: DOB: / / Healthfund:

Service Requested

Diagnostic Sleep Study - to confirm diagnosis of Obstructive Sleep Apnea and specialist consultation where deemed appropriate by the sleep physician

Clinical history:

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Important: Please complete the 3 following questionnaires to assist in the assessment of your patient.

1. Medical Co-Morbidities (Please complete as appropriate)

Height (cm) =	<input type="checkbox"/> Type 2 diabetes <input type="checkbox"/> AF <input type="checkbox"/> Cardiac failure <input type="checkbox"/> Stroke/TIA <input type="checkbox"/> COPD	Previous sleep study: <input type="checkbox"/> Yes <input type="checkbox"/> No
Weight (kg) =	<input type="checkbox"/> Other Co-Morbidities:	Date: / /
BMI (kg/m ²) =

2. STOP-Bang¹ Questionnaire (Please tick)

<input type="checkbox"/> S – Does the patient SNORE loudly?
<input type="checkbox"/> T – Does the patient often feel TIRED, fatigued or sleep during daytime?
<input type="checkbox"/> O – Has anyone OBSERVED the patient stop breathing during sleep?
<input type="checkbox"/> P – Does the patient have or is the patient being treated for high blood PRESSURE?
<input type="checkbox"/> B – Does the patient have a BMI more than 35?
<input type="checkbox"/> A – AGE over 50 years old
<input type="checkbox"/> N – NECK circumference (shirt size) more than 40cm / 16 inches
<input type="checkbox"/> G – Is the patient a MALE?
TOTAL SCORE

New Medicare guidelines require careful patient screening prior to determining the most appropriate test/consultation. Direct testing may be appropriate if the patient has a high probability for moderate-severe OSA: Epworth Sleepiness Scale of 8 or more and a score of 4 or more on a validated STOP BANG questionnaire.

3. Epworth Sleepiness Scale² Questionnaire

For the 8 situations in the table below, how likely is the patient to doze off or fall asleep, in contrast to feeling just tired? Even if the patient has not done some of these things recently, ask them how the situations *would have* affected them.

Use the following scale to choose the most appropriate number for each situation:

0 = Would never doze, 1 = slight chance of dozing, 2 = moderate chance of dozing, 3 = high chance of dozing. Then add up the scores.

Scenario	Circle one score for each scenario			
	0	1	2	3
Sitting and reading				
Watching television				
Sitting inactive in a public place (eg. theatre or meeting)				
As a passenger in a car for an hour without a break				
Lying down in the afternoon when circumstances permit				
Sitting and talking to someone				
Sitting quietly after lunch without alcohol				
In a car, while stopped for a few minutes in traffic				
TOTAL SCORE (add up total responses)				

Referring Doctor

Name:

Provider#:

Consulting room:

Telephone:

Signature:

Date:

¹ Chung F et al Anaesthesiology 2008; 108(5): 812-21 & Br J Anaesth 2012; 108(5): 768-75 ² Johns M Sleep 1991; 14(6): 540-545

Australia's Largest Facilitators of Diagnostic Sleep Studies

About Us

Air Liquide Healthcare is Australia's largest facilitator of sleep diagnostic, treatment and patient management services for patients with sleep apnea. Our sleep technicians facilitate the sleep testing process on behalf of an independent sleep physician.

For more information on sleep apnea and sleep studies, please visit us online at: healthysleep.net.au or airliquidehealthcare.com.au

NSW			
Suburb	Address	State	P/C
Albury	525 David Street	NSW	2640
Alexandria	5/476 Gardeners Road	NSW	2015
Barham	Suite 3, Barham Plaza, 5-9 Mellool Street	NSW	2732
Bathurst	105 Keppel Street	NSW	2795
Baulkham Hills	Suite 11/Lvl 3, The Hills Hospital, 499 Windsor Road	NSW	2153
Bega	61 Parker Street	NSW	2550
Beresfield	4 Kullara Avenue	NSW	2322
Bogangar	32 Grasstree Circuit	NSW	2488
Bondi Junction	2/108 Bronte Road	NSW	2022
Broken Hill	Shop 4/5, Corner Gossan Street & South Road	NSW	2880
Camden	4/100 Argyle Street	NSW	2570
Campbelltown	Old Menangle Road	NSW	2560
Canterbury	10/2A Charles Street	NSW	2193
Caringbah	Sutherland Hospital Sleep Laboratory, Lvl 2 Kingsway & Kareena Rd	NSW	2229
Carlingford	10 Freestone Avenue	NSW	2118
Charlestown	Charlestown Square, 30 Pearson St	NSW	2290
Deniliquin	2 Macaulay Street	NSW	2710
Dubbo	215A Brisbane Street	NSW	2830
Echuca	179/177-183 Annesley Street	NSW	3564
Erina	Shop 343/344, Erina Fair Shopping	NSW	2250
Erskine Park	Erskine Shopping Village	NSW	2759
Finley	75 Tongs Street	NSW	2713
Forbes	4-6 Elgin Street	NSW	2871
Glenmore Park	Town Terrace	NSW	2745
Gledswood Hills	Gregory Hills Drive	NSW	2557
Goulburn	Clifford Street	NSW	2580
Goulburn	Goulburn Square, Auburn Street	NSW	2580
Griffith	134 Kookora Street	NSW	2680
Harris Park	7 Crown Street	NSW	2150
Henty	8 Ivor Street	NSW	2658
Hornsby	Suite 13/100 Balmoral Street	NSW	2077
Inverell	138 Old Bundarra Road	NSW	2360
Katoomba	3 Woodlands Road	NSW	2780
Leeton	81 Kurrajong Avenue	NSW	2705
Leura	1 Grose Street	NSW	2780
Liverpool	Macquarie Street	NSW	2170
Matraville	496 Bunnerong Road	NSW	2036
Mittagong	Shop 7/2-4 Bowral Road	NSW	2575
Moama	2 Perricoota Road	NSW	2731
Moonee Beach	Shop 10, Moonee Beach Shopping Center	NSW	2450
Mudgee	91 Church Street	NSW	2850
North Boambee Valley	Unit 2/84-90 Industrial Drive	NSW	2450
Nowra	1/43 Berry Street	NSW	2541
Orange	Level 1/131 Summer Street	NSW	2800
Parkes	335 Clarinda Street	NSW	2870
Parramatta	Phillip Street	NSW	2150
Penrith	Lemongrove Suites, Suite 3/23 The Crescent	NSW	2750
Port Macquarie	Bellbowrie Park Business Centre, 5/10 Bellbowrie Street	NSW	2444
Redfern	1/147-151 Redfern Street	NSW	2016
Richmond	86 Lennox Street	NSW	2753
Shoal Bay	59 Shoal Bay Road	NSW	2315
South Grafton	Shop 4/94 Bent Street	NSW	2460
St Clair	St Clair Shopping Centre	NSW	2759
St Ives	29 Athena Avenue	NSW	2075
Temora	225 Hoskins Street	NSW	2666
Tumbarumba	69 Murray Street	NSW	2720
Tumut	91-93 Wynard Street	NSW	2720
Wagga Wagga	405A Lake Albert Road	NSW	2650
Werrington County	Dunheved Road	NSW	2747
Westmead	Shop 19/24 Railway Parade	NSW	2145
West Wyalong	113 Main Street	NSW	2671
Windsor	2 Cable Street	NSW	2756
Wollongong	Shop 1/344 Crown Street	NSW	2500
Yass	65 Lead Street	NSW	2582
Zetland	2-4 Defries Avenue	NSW	2017

TAS			
Address	Suburb	State	P/C
Devonport	157 William Street	TAS	7310
Launceston	2/49-51 Elizabeth Street	TAS	7249
Lindisfarne	Lindisfarne Clinic, 30 Lincoln Street	TAS	7015

Preparing for your sleep test

Booking an appointment (Use contact details below)

On the day of your test

- Please wear a loose shirt – preferably buttoned at the front
- Ensure you are not wearing nail polish or acrylic finger nails
- A credit card may be required to cover a fully refundable security deposit for the test device

**For enquiries and bookings please contact: Ph: 1800 270 772
F: 1800 270 779 E: sleepstudy@airliquide.com**

QLD			
Suburb	Address	State	P/C
Aitkenvale (Townsville)	Shop 1A, 272 Ross River Road	QLD	4814
Auchenflower	Lvl 2, Sandford Jackson Building, 30 Chasely Street	QLD	4066
Birkdale	Suite 22/Lvl 2/120 Birkdale Road	QLD	4159
Booval	161 Brisbane Road	QLD	4304
Bowen Hills	25 Campbell Street	QLD	4006
Caboolture	16 Bertha Street	QLD	4510
Gympie	Shop 16, Goldfields Plaza, Monkland Street	QLD	4570
Hervey Bay	The Signatures Building, 19-21 Torquay Road	QLD	4655
Kingaroy	South Burnett Radiology, 7 Glendon Street	QLD	4610
Mackay	Suite H/142 Nebo Road	QLD	4740
Meadowbrook	80 Armstrong Road	QLD	4131
Parramatta Park (Cairns)	147 Martyn Street	QLD	4870
Pelican Waters	Pelican Waters Shopping Centre, 8/44 Pelican Waters Boulevard	QLD	4551
Rockhampton	Shop 2/100 Denham Street	QLD	4700
Southport	Shop 4A/253 Ferry Road	QLD	4215
Sunnybank	Suite 10/309 Mains Road	QLD	4109
Svensson Heights	208 Walker Street	QLD	4670
Taringa	Shop 16/200 Moggill Road	QLD	4068
Toowoomba	Suite 1, Medici Medical Centre, 15 Scott Street	QLD	4350
Warwick	106 Palmerin Street	QLD	4370
West Burleigh	Unit 1/72 Township Drive	QLD	4220
Wondai	Wondai Family Medical Practice, 18 Mackenzie Street	QLD	4606

NT			
Suburb	Address	State	P/C
Winnellie	144 Winnellie Road	NT	0820

SA			
Suburb	Address	State	P/C
Ascot Park	773 Marion Road	SA	5043
Gawler South	16 Adelaide Road	SA	5118
Kent Town	95 Fullarton Road	SA	5067
Morphett Vale	255 Main South Road	SA	5162
Mount Gambier	51 Commercial Street East	SA	5290
Port Lincoln	43 Liverpool Street	SA	5606
Renmark	10 Renmark Avenue	SA	5341
Ridgehaven	St Agnes Specialist Centre, 1251 North East Road	SA	5097
Salisbury	Suite 6/107, Salisbury Highway	SA	5108
Torrensview	152-154 Henley Beach Road	SA	5031
Unley	2-3/402 Unley Road	SA	5061
Wallaroo	45 Owen Terrace	SA	5556

VIC			
Suburb	Address	State	P/C
Deer Park	TerryWhite Chemmart, Cnr Neale & Station Roads	VIC	3023
Eltham	Thompsons Pharmacy, 962-964 Main Road	VIC	3095
Fairfield	242 Darebin Road	VIC	3078
Hawthorn	Melbourne University Hawthorn, Room 2311, 422 Auburn Road	VIC	3122
Maryborough	29 Barkly Street	VIC	3465
Moama	Moama Village Pharmacy, Shop 9-10, 2 Perricoota Road	VIC	2731
Rosebud	TerryWhite Chemmart, 3 Boneo Road	VIC	3939
Sale	Raymond St Pharmacy, Shop 3/398-424 Raymond Street	VIC	3850
Wantirna South	Priceline Pharmacy Westfield Knox Shopping Centre 425 Burwood Hwy	VIC	3152
Yarraville	Carnovale Sleep Clinic 193 Williamstown Rd	VIC	3013

WA			
Suburb	Address	State	P/C
Baldviss	Room 3/Suite 4/52 Goulburn Road	WA	6171
Busselton	53 Bussell Highway	WA	6280
Claremont	3/70 Davies Road	WA	6010
Greenfields	Southern Specialist Centre, Unit 5/5 Murdoch Drive	WA	6210
Kalgoorlie	Wizard Pharmacy Kalgoorlie Central, 205 Hannan Street	WA	6430
Maddington	Unit 3, 201 - 205 Burslem Drive	WA	6109
Murdoch	4/6 Robson Way	WA	6150
Nedlands	2/47 Stirling Highway	WA	6009

- Step 1** Make sure that referral has been fully completed
- Step 2** Send referral by fax or email to the following address: sleepstudy@airliquide.com
- Step 3** ALH will contact you within 5 working days to book your sleep study

Stamp